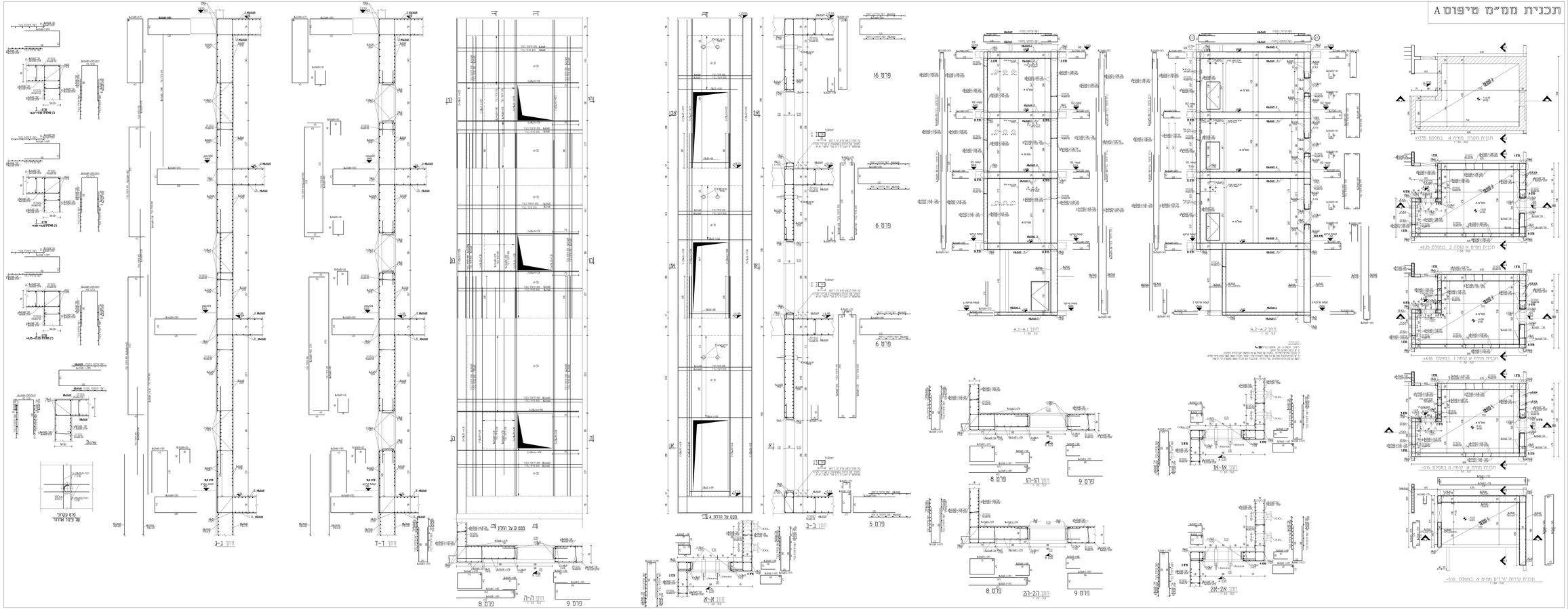תכנית ממ"מ טיפוס A